## Saraland Early Education Center March 2024



| Mon | Tue | Med | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 Hot Dog w/ Chili <br> \& Cheese, Oven <br> Potatoes, Coleslaw, <br> Fresh Vegetables |
| 4 Chicken Bites, Green Beans, Fresh Vegetables, Apple Sauce | 5 Shephard's Pie, English Peas, Fresh Vegetables, Roll | 6 Chili Crispitos w/ Cheese, Corn, Black Bean Dip, Fresh Vegetables | 7 Baked Pasta w/ Chicken, Broccoli, Fresh Vegetables, Roll | 8 <br> Teacher Workday |
| 11 Pizza, Broccoli, Fresh Vegetables, Cookie | 12 Spaghetti, Green Beans, Fresh Vegetables, Roll | 13 BBQ w/ Oven Potatoes, Coleslaw, Baked Beans, Fresh Vegetables | 14 Sliced Turkey w/ Gravy, Creamed Potatoes, Black Eyed Peas, Hushpuppies | 15 Gumbo w/ Rice or Corndog, Corn, Potato Salad, Fresh Vegetables, Cookie |
| 18 Hamburger, Oven Potatoes, Baked Beans, Fresh Vegetables | 19 Cheesy Meatballs, Green Beans, Fresh Vegetables, Roll | 20 Chicken Sandwich, Oven Potatoes, Broccoli, Fresh Vegetables | 21 Taco Soup w/ Chips \& Cheese, Fresh Vegetables, Cookie | 22 BBQ Sandwich, Oven Potatoes, Baked Beans, Coleslaw, Fresh Vegetables |
| 25 Chili Crispitos w/ Cheese, Corn, Black Bean Dip, Fresh Vegetables | 26 Beef Strips, Creamed Potatoes w/ Gravy, Oven Roasted Vegetables, Fresh Vegetables | 27 Hot Dog w/ Chili \& Cheese, Oven Potatoes, Coleslaw, Fresh Vegetables | 28 Chicken, Pasta, Green Beans, Fresh Vegetables | 29 Pizza, Corn, Fresh Vegetables, Pudding |

## Breakfast

## Hot Cereal \& Sausage

 BitesWaffles \& Sausage Chicken Strips \& Biscuit Hot Cereal, Eggs, \& Cheese Toast
Sausage Biscuit
Pancakes \& Sausage Chicken Strips \& Biscuit Hot Cereal \& Breakfast Pizza
Sausage Biscuit
Hot Cereal \& Sausage Bites
18th Waffles \& Sausage Chicken Strips \& Biscuit Hot Cereal, Eggs \& Cheese Toast
21st Sausage Biscuit
22nd Hot Cereal \& Pancake On a Stick
Pancakes \& Sausage Chicken Strips \& Biscuit Hot Cereal \& Breakfast Pizza
28th Sausage Biscuit
29th Hot Cereal \& Sausage Bites

Offered Daily with Meals
Cereal \& Toast with Breakfast
Lunch \& Breakfast: Unflavored
1\% Low Fat, Unflavored Skim,
Fat Free Flavored Milk.
Fruit \& Juice served daily.
Alternate Lunch Meal:
Chef Salad
Menu subject to change due to deliveries.

